



EXTREME WEATHER POLICY

Reviewed annually by Senior Management
Last reviewed August 2024

Signed _____

A handwritten signature in black ink, appearing to be 'JO'Connor', is written over a horizontal line.

Jason O'Connor (Managing Director)

Heat

When children are exposed to heat whilst taking part in physical activity outdoors, there are certain requirements which should be managed by staff to ensure the safety of all concerned.

Use the table below as a guide for giving breaks during certain temperatures.

Sessions lasting up to 1 hour	
Temperature (Celsius)	Breaks (water and shade)
25 - 26	2 x 5 minute breaks
27 - 28	3 x 5 minute breaks
29 - 30	4 x 5 minute breaks
31+	NO ACTIVITY OUTSIDE

Children should be encouraged to wear a hat and also apply sun cream when temperatures reach 25 degrees.

Water bottles need to be taken outside and left in a shaded area before refilled during the breaks.

Camp Venues

Sessions last up to 45 minutes	
Temperature (Celsius)	Breaks (water and shade)
25 - 26	2 x 4 minute breaks
27 - 28	3 x 4 minute breaks
29 - 30	4 x 4 minute breaks
31+	Activity can commence outside but children MUST have hats, sun cream and water bottles otherwise they must stay inside. 15 minutes outside and 10 minutes break – schedule indoor activities in the day

When temperatures exceed 25 degrees, children should arrive with hats and also have sun cream applied before the day begins.

Coaches will have sun cream to apply throughout the day should a child require more. Water bottles need to be refilled during breaks.

Incllement Weather

For the purpose of this policy different terms and levels of precipitation will determine the action.

- Drizzle – activity to begin or continue on the playground and grass if safe to do so
- Light Rain – activity to begin or continue ensuring children are wearing jackets
- Heavy Rain or sleet – activity to begin or commence indoors
- Thunder and Lightning – activity indoors. Under no circumstances should the activity be outside.
- Hail – activity indoors
- Fog – if visibility is less than 30m (netball court gauge) then activity indoors

Cold Weather

Sessions lasting up to 1 hour	
Temperature (Celsius)	Action
11+	Activity outdoors KS2 option of jackets, glove and hats KS1 must begin with a jacket/coat and the option of gloves and hat
7-10	Outdoors all participants MUST wear a jacket/coat. Gloves and hat advised
5-6	KS2 outdoors with jacket/coat and hat KS1 outdoors with jacket/coat and hat. Ensuring activity is physical throughout.
Below 5	NO ACTIVITY OUTSIDE